

OUR WHY?



To inform, inspire, and impact people in the community by educating, advocating, and building confidence.

We work to create an opportunity that will allow children/youth to reach their best potential by working together with humility and hard work.

We work to build relationships and we are committed to giving back to the communities we serve and /or live in.

CONTACT US
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SIMPLY TRAINING ALL RECREATIONAL SPORTS

STARS

SPORTS PROGRAM



VENDOR # PJ5754
WWW.CHASING7DREAMS.ORG

TEAMWORK



Provides children and young adults with the chance to be a part of a team, work together to learn the fundamentals of a sport, and get physical development through exercise

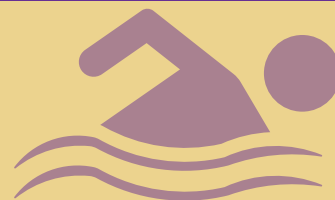


TRAINING SESSION GOALS

TO REMAIN POSITIVE, MAINTAIN AN EMPOWERING ENVIRONMENT, CELEBRATE DIFFERENT TALENTS AND HAVE FUN!

TO IMPROVE ON SELF-ESTEEM, CREATE A SENSE OF TRUST IN TEAMMATES, AND WORKING ON INDEPENDENCE WHILE LEARNING THE SPORT

TO STRENGTHEN SOCIAL SKILLS, PHYSICAL MOBILITY, PRACTICING EMOTIONAL CONTROL



Training program would include practices two days a week and one day to show off what you have learned during the week. Parents will have a chance to be an active participant in their child's training routine.

Your child will benefit from the positive reinforcement, creating friendships, leadership, discipline in work ethic, and most importantly staying healthy. About 25% persons with disability [aged 18+] participated in a sport-related activity at least once a week..

**"NEVER SAY NEVER BECAUSE LIMITS LIKE FEARS ARE OFTEN JUST ILLUSIONS,"
-MICHAEL JORDAN**

